# **VITA**

# Genell G. Sandberg, Ph.D.

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## **EDUCATION:**

1986-1987 Postdoctoral Fellowship

Department of Psychology

Addictive Behaviors Research Center

University of Washington Seattle, Washington

1983-1986 Ph.D. Clinical Psychology

University of South Dakota Vermillion, South Dakota APA-Approved Program

1985-1986 Pre-doctoral Internship in Clinical Psychology

Atascadero State Hospital Atascadero, California APA-Approved Internship

1982-1983 M.A. Clinical Psychology

University of South Dakota

1975-1976 M.A. Counseling, Guidance & Personnel Services

University of South Dakota

1970-1974 B.A. Psychology & Sociology

University of South Dakota

### **WORK**

#### **EXPERIENCE:**

Date: January 1989 to Present
Position: Clinical Psychologist, Owner

Agency: Parkview Psychological Services, P.C.

Sioux City, IA

Duties: Provide individual and couple psychotherapy on an outpatient

basis in a private practice setting. Client population covers a broad range

of clinical problems. Perform psychological evaluation and testing.

Date: April 1988 to December 1988

Position: <u>Clinical Psychologist</u> Agency: Wholistic Health Services

Sioux City, IA

Duties: Family Medical Practice Setting. Provide individual, couple, and family

psychotherapy on an outpatient basis. Client population covers a broad range of clinical problems. Perform psychological evaluation and testing. Provide group psychotherapy to sexual abuse victims and

battered women. Provide physicians in-house consultation. Public speaking.

Date: July 1987 to March 1988

Position: Clinical Director

Agency: Sexual Assault Counseling Services of Marin

San Rafael, California

Duties: Development and coordination of clinical services program for sexual

assault victims and their significant others. Involves assessment and diagnosis, provision of crisis intervention services where applicable, and implementation of short or long term treatment. Provide individual, couple, and family therapy. Conduct two ongoing psychotherapy groups for incest and rape victims on a weekly basis. Development of intern training program and clinical supervision of three counseling interns. Supervision of Child Sexual Assault Prevention Program. Development of clinical record system. Provision of educational seminars and in-service training to staff, rape crisis paraprofessional volunteers and the professional community. Development of training materials. Media presentations. Coordination of Bay area Sexual Assault Network (4 County) research grant.

Date: October 1986 to July 1987
Position: Research Associate, full-time

Agency: Department of Psychology, Addictive Behaviors Research Center

University of Washington, Seattle, Washington

Duties: Postdoctoral training program with a clinical/research focus in the area of

addictive behavior problems and interpersonal violence. Research team member of two projects which utilized a relapse prevention/cognitive behavioral treatment model. Topic areas involved altering compulsive

sexual behavior in individuals at risk for contracting AIDS and teaching self-control skills to college students at risk for problematic alcohol usage. Provided individual therapy (general practice). Public speaking.

At Harborview Community Mental Health Center Anger Management Program, Health Sciences Center, University of Washington, performed psychological assessment and provided structured group treatment to domestically violent males. Research team member of Harborview Anger Management Program staff. Conducted 3 research studies focused on the underlying personality structure of spouse abusers and several variables related to their alcohol usage.

Date: September 1985 to September 1986

Position: <u>Psychology Intern</u>, full-time

Agency: Atascadero State Hospital, Atascadero, California

Pre-doctoral Clinical Psychology Internship Program

Duties: Clinical internship with a forensic psychology focus in a maximum security

hospital setting involving specialized training in the assessment and

treatment of mentally disordered criminal offenders. Performed psychological assessment and provided individual and group psychotherapy to sex offenders in the Sex Offender Treatment and Evaluation Project utilizing a relapse prevention/cognitive behavioral treatment model. Also provided individual and group psychotherapy to criminal offenders with a variety of other felony charges and a broad range of psychological disorders. Performed psychological assessments involving issues of competency, criminal responsibility, psychological, social and behavioral factors involved in criminal offending, restoration of sanity and assessment

of dangerousness and re-offending.

Clinical Internship Community Placement/8 hours per week. District Attorney's Office, San Luis Obispo County Victim Assistance Program-Rape Crisis Unit. Provided courtroom advocacy, crisis intervention and brief psychotherapy to child, adolescent and adult victims of sexual assault and their family members. Coordination with district attorneys in prosecution of sexual assault cases. Conducted psychotherapy group for battered women in a shelter residence. Provided training and consultation to district attorneys, rape crisis staff, and battered women's shelter staff. Media presentations and public speaking.

Date: June 1984 to July 1985

Position: <u>Clinical Psychologist in Training</u>, part-time Agency: Siouxland Council on Alcoholism and Drug Abuse

Sioux City, Iowa (field placement-Clinical Psychology Training

Program, University of South Dakota.)

Duties: Performed clinical interview and psychological testing for all clients in an

out-patient treatment program for alcoholism and drug dependency.

Staff consultation duties. Interpretation of 135 MMPI's.

Date: May 1984 to August 1985

Position: <u>Psychological Assistant</u>, part-time

Agency: Lewis and Clark Mental Health Center, Yankton, South Dakota (field

placement-Clinical Psychology Training Program, University of South

Dakota).

Duties: Rural mental health center setting. Performed individual, couple and family

therapy on an outpatient basis, psychological evaluation and testing, public speaking and workshops. Conducted ongoing psychotherapy group for battered

women.

Date: May 1984 to August 1985

Position: Psychological Assistant, part-time

Agency: Southeast South Dakota Activities Center, Vermillion, South Dakota,

through contract with Lewis and Clark Mental Health Center (field placement-Clinical Psychology Training Program, University of South

Dakota).

Duties: Sheltered workshop program for developmentally disabled adults.

Performed psychological evaluation and testing. Conducted individual

psychotherapy and ongoing social skills training workshops.

Date: November 1982 to August 1985
Position: Television Announcer, part-time

Agency: KUSD, Channel 2, South Dakota Public Television Network,

Vermillion, South Dakota

Duties: Recorded for broadcast various station identification messages, cautionary

statements and promotional material for upcoming programming.

Date: August 1982 to August 1985

Position: <u>Psychological Trainee</u>, part-time, non-paid

Agency: Psychological Services Center, Clinical Psychology Training

Program, University of South Dakota

Duties: University counseling center setting. On-going supervised practicum

experience consisting of the following: psychological evaluation and report writing; intelligence, personality and neuropsychological testing; individual, couple, and family therapy. Conducted two on going psychotherapy groups for battered women and victims of incest. Crisis hotline on a regular basis.

Date: July 1981 to August 1985

Position: Therapist and Workshop Facilitator, part-time

Agency: Electra Ltd. (corporate partner)

Sioux City, Iowa

Duties: Private practice with a specialized focus on women's issues and the

treatment of victims of interpersonal violence. Conducted individual therapy and on-going psychotherapy groups for victims of incest and rape, and battered women. Provided training, workshops, and public speaking to agencies/groups on a contract basis in the following topic areas: Stress Management, Self-Esteem, Assertiveness, Communication Skills, Conflict Resolution, Sex-role Stereotypes, Sexuality, Divorce, Domestic Violence,

Rape, Incest, and Child Sexual Abuse Prevention.

Date: August 1983 to January 1984

Position: <u>Psychological Trainee</u>, part-time

Agency: Neurological Institute and Pain Center

Sioux City, IA (field placement-Clinical Psychology Training Program

University of South Dakota).

Duties: Performed intake interview, psychological assessment and personality

testing for outpatients in a neurological practice. Majority of patients had a primary presenting complaint of pain in conjunction with various neurological

disorders and types of central nervous system trauma.

Date: January 1983 to August 1983 & January 1984 to May 1984

Position: <u>Teaching Assistant</u>, part-time

Agency: Department of Alcohol and Drug Abuse Studies

Division of Health Sciences, College of Arts and Sciences University of South Dakota, Vermillion, South Dakota

Duties: Instructor for undergraduate course entitled "Introduction to Drugs of Abuse".

Taught course on-campus for two semesters and one summer session.

Date: August 1982 to December 1982
Position: Research Assistant, part-time

Agency: Person Power Project, State Division of Alcohol and Drug Abuse, through

sub-contract with Department of Alcohol and Drug Abuse Studies,

University of South Dakota, Vermillion, South Dakota

Duties: Conducted survey research and data analysis to determine the impact of

college level training on South Dakota substance abuse counselors. Final Report submitted to the South Dakota State Division of Alcohol and

Drug Abuse.

Date: September 1978 and August 1982
Position: Clinical Services Coordinator, full-time
Agency: Gordon Chemical Dependency Center

Sioux City, Iowa

Duties: Coordination of clinical services for an in-patient treatment program serving

drug and alcohol dependent adolescents. Client capacity of 26. Involved supervision of 10 in-patient therapists providing individual, group, and family

therapy. Client evaluation and report writing. Coordination of staff development training program. Development of client record system and comprehensive follow-up program. Supervision of recreational staff. Interviewing, hiring, and termination of inpatient therapy staff. Policy

development, training, and public speaking.

Date: January 1977 to September 1978

Position: Social Services Coordinator, full-time
Agency: Woodbury County Care Facility

Sioux City, Iowa

Duties: Coordination of social services for an 80 bed residential care facility serving

chronic emotionally disturbed and developmentally disabled adults. Performed individual therapy, admission screening, client evaluation and report writing. Developed a comprehensive records system for the facility encompassing all aspects of record keeping for total client care. Assessed all residential clients, and wrote approximately 100 psycho-social histories to meet licensure requirements. Developed and instituted a staff in-service

training program.

Date: January 1975 to December 1976 & January 1974 to May 1974

Position: <u>Psychiatric Aide II</u>, full-time

Agency: South Dakota Human Services Center

Yankton, South Dakota

Duties: Supervision of patients in all areas of a psychiatric state hospital on a

rotating basis: admissions, adolescent unit, maximum security, behavioral modification programs and continuous treatment areas for chronic patients.

Charting duties and medication administration.

Date: June 1974 to November 1974
Position: <u>Detention Counselor</u>, full-time

Agency: El Paso County Juvenile Probation Department

El Paso, Texas

Duties: Supervision and counseling of delinquent juveniles in a maximum security

setting. Involved working with adolescents charged with misdemeanors and felonies, many of whom were not U.S. citizens and here illegally from Mexico

and Central American countries.

#### **HONORS AND RECOGNITION:**

<u>Honorable Mention</u> – 1983. Association for Women in Psychology and the American Psychological Association Division of Psychology of Women (DIV.35) Student Research Prize Contest. Sandberg, G & Jackson, T. "Attribution of Incest Blame Among Rural Attorneys".

<u>Honorary Scholarship</u> – 1973. Sociology Department, University of South Dakota, Vermillion, South Dakota.

## **PROFESSIONAL MEMBERSHIPS:**

1988 – present lowa Licensed Psychologist #562

1988 – present lowa Health Services Provider #171

1982 – present Member. American Psychological Association.

1989 – present Member. Iowa Psychological Association.

#### **ADDITIONAL PROFESSIONAL TRAINING:**

Gestalt Institute of Iowa, Des Moines, Iowa. Two year professional training program in gestalt therapy completed in 1985. Training program consisted of didactic seminars on gestalt theory and principles as well as extensive supervised practicum experience in the practice of gestalt therapy.

## **EDITORIAL CONSULTATION:**

Invited Reviewer <u>Journal of Studies on Alcohol</u>, May 1987.

Invited Reviewer <u>Violence and Victims</u>, December 1987.

## **CONSULTANTSHIPS:**

1986 – 1987 Mental Health Panel Member, Family Practice Residency Program,

Swedish Hospital Medical Center, Seattle, Washington.

#### **PUBLICATIONS:**

- Jackson, T.L. & Sandberg, G. (1984). Rural attorney's attribution of incest blame.

  Abstract published in <u>Rural Community Mental Health Newsletter</u>, 2 (1), 4.
- Jackson, T.L. & Sandberg, G. (1985). Attribution of incest blame among rural attorneys and Judges. Women and Therapy, 4 (3), 39-56.
- Sandberg, G., Jackson, T.L., & Petretic-Jackson, P. (1985). Date rape. Abstract published in <u>Behavior Today</u>, 16 (23), 7.
- Sandberg, G., Petretic-Jackson, P., & Jackson, T.L. (1986). Physician reporting practices in child physical abuse. <u>Response</u>, 9 (1), 6-8
- Sandberg, G. & Quevillon, R. (1987). Dyspareunia: An integrated approach to assessment and treatment. <u>The Journal of Family Practice</u>, 24 (1), 66-69.
- Sandberg, G., Jackson, T.L., & Petretic-Jackson, P. (1987). College students' attitudes regarding sexual coercion and aggression: Developing education and prevention strategies. <u>Journal of College Student Personnel</u>, 28 (4), 203-311
- Sandberg, G. & Marlatt, G.A. (1989). Relapse Fantasies. In R. Laws (Ed.), <u>Relapse prevention with sex offenders</u>. (pp. 147-151) New York: Guilford Press
- Sandberg, G. & Marlatt, G.A. (1991). Relapse prevention: A self-control program for the treatment of substance abuse. (pp. 377-399). Washington, DC: American Psychiatric Press.
- Petretic-Jackson, P., Sandberg, G., & Jackson, T.L. (1994). The Domestic Violence Blame Scale (DVBS). In L. Vandecreek, S. Knapp & T. Jackson (Eds.), <a href="Innovations in Clinical Practice: A Source Book">Innovations in Clinical Practice: A Source Book</a>, Volume 13 (pp. 265-271). Sarasota, FL: Professional Resource Press.

#### **PAPERS:**

- Jackson, T.L. & Sandberg, G. (1983). <u>Rural attorneys' attribution of incest blame: Sex</u> <u>and sentencing effects</u>. National Association of Rural Mental Health Convention Madison, Wisconsin.
- Sandberg, G., Jackson, T.L., & Petretic-Jackson, P. (1985). <u>Sexual aggression and courtship violence in dating relationships</u>. Midwestern Psychological Association Convention, Chicago, Illinois.
- Sandberg, G., Petretic-Jackson, P., & Jackson, T.L. (1985). <u>Definition and attribution of blame in domestic violence</u>. Midwestern Psychological Association Convention, Chicago, Illinois.
- Sandberg, G. & Larsen, J. (1985). <u>The coercive persuasion rhetoric of incest perpetrators:</u>
  <u>Compliance-gaining strategies of enlistment and concealment.</u> Speech
  Communication Association Annual Convention, Denver, Colorado.
- Larsen, J., Lewis, J., & Sandberg, G. (1985). The private rhetoric of batterers:

  <u>Brainwashing and terrorism in the home</u>. Speech Communication Association Annual Convention, Denver, Colorado.
- Sandberg, G. & Jackson, T.L. (1986). <u>Psychologists' attribution of blame in wife abuse</u>. Midwestern Psychological Association Convention, Chicago, Illinois.
- Sandberg, G. & Jackson, T.L. (1986). <u>Psychologist' perception of duty to warn in wife</u> <u>abuse</u>. Midwestern Psychological Association Convention, Chicago, Illinois.
- Sandberg, G., Jackson, T.L., & Petretic-Jackson, P. (1987). A case study approach to the behavioral treatment of absolute primary vaginismus. Association for the Advancement of Behavior Therapy Convention, Boston, Massachusetts.
- Maiuro, R., Sandberg, G., Cahn, T., & Vitaliano, P. (1988). <u>MMPI profiles of domestically violent men; Court referred versus self-referred samples</u>. Western Psychological Association Convention, San Francisco, California

#### **PUBLIC SERVICE – MEDIA:**

- 1982 Guest-Television Talk Show (live). "Incest and Child Sexual Molestation". Nightline, KCAU, Channel 9, Sioux City, Iowa.
- 1985 Television Panel Member (live). "Domestic Violence". Conference Call, KUSD, Channel 2, South Dakota Public Television, Vermillion, South Dakota
- 1985 Guest-Radio Talk Show (live). "Date Rape". KVEM, Ventura, California
- 1985 Guest-Radio Talk Show (taped). "Sexual Violence Among College Students". CILQ, Toronto, Ontario, Canada.
- 1985- Research results of dating violence survey conducted by Sandberg, Jackson, &
- 1986 Petretic-Jackson (1985) were presented by the latter two co-authors of the study on **Good Morning America** and the **Oprah Winfrey Show**. <u>Parade Magazine</u> (September 25, 1985), <u>Ms. Magazine</u> (October, 1985) and <u>Mademoiselle</u> Magazine (November, 1985) also reported the results of this same survey.
- 1987 Guest-video. "When Romance Turns to Rape". Produced by the Touch Safety Program & Child Sexual Abuse Treatment Program, San Rafael, California.
- 1988 Guest-Television Talk Show (live). "Date Rape". Two at Noon, KTVU, Channel 2, Oakland, California.
- 1988 Guest-Television Talk Show (taped). "Domestic Violence". Focal Point, KTIV, Channel 4, Sioux City, Iowa.
- 1989 Guest-Television Talk Show (live). "Pornography". KMEG, Channel 14, Sioux City, Iowa.

## **INVITED COLLOQUIA, WORKSHOPS, AND ADDRESSES:**

Sioux City, Iowa.

- 1980 <u>Workshop Leader</u>. "Adolescent Chemical Dependency". University of Iowa, Summer Session Sponsored by the Counseling Psychology Department and the Iowa Department of Substance Abuse, Iowa City, Iowa
- 1981 <u>Workshop Leader</u>. "The Incest Victim and Incestuous Family Dynamics". Siouxland Area (6 County) Substance Abuse Consortium, Sioux City, Iowa
- 1981 <u>Workshop Co-Leader</u>. "Adolescents: Self-esteem and Sexuality". Teen Aware Program, Woodbury County Community Action Agency, Sioux City, Iowa.
- 1981- <u>Co-Facilitator</u>. "Rebuilding". Course designed for displaced homemakers and single mothers. Total course time 16 hours over eight sessions. Course content Included stress management, assertion training, parenting skills, sex education and sexuality awareness, sex role stereotypes, and consciousness raising. Conducted course 10 times in five years. Women Aware Program, YWCA,
- 1981- <u>Co-Instructor</u>. "Assertion Training for Health Professionals". Total course time
- 1985 15 hours over five sessions. Conducted course 10 times in four years. St. Luke's Regional Medical Center, Sioux City, Iowa.
- 1982 <u>Workshop Leader</u>. "Assessment of Adolescent Chemical Dependency". Siouxland Council on Alcoholism and Drug Abuse, Sioux City, Iowa.
- 1982 <u>Co-Instructor</u>. "Advanced Communication Skills". Total Course time 15 hours over six sessions. Conducted course twice for St. Luke's Regional Medical Center, Sioux City, Iowa.
- 1982 <u>Workshop Leader</u>. "Sexual Abuse: The Victim and the Offender". Siouxland Council on Alcoholism and Drug Abuse, Sioux City, Iowa.
- 1982 <u>Workshop Leader</u>. "Women and Stress". Women's Center, Sioux City, Iowa.
- 1982 <u>Workshop Co-Leader</u>. "Human Sexuality". Conducted twice for St. Luke's Regional Medical Center, Sioux City, Iowa.
- 1982 <u>Workshop Co-Leader</u>. "Women and Self-Esteem". Women's Center, Sioux City, Iowa.
- 1982- Workshop Co-Leader. "Protecting Your Child From Sexual Abuse". Conducted
- 1983 three times for St. Luke's Regional Medical Center, Sioux City, Iowa.

- 1983 <u>Co-Facilitator</u>. "Rebuilding Relationships after Divorce". Total course time 25 hours over ten sessions. St. Luke's Regional Medical Center, Sioux City, Iowa.
- 1983 <u>Guest Speaker</u>. "Classification of Drugs of Abuse and Drug Effects". Abnormal Psychology class, University of South Dakota, Vermillion, South Dakota.
- 1983 <u>Guest Speaker</u>. "Drugs of Abuse and Psychoactive Effects". Psychiatric Nursing Class, School of Nursing, University of South Dakota, Vermillion, South Dakota.
- 1983 <u>Instructor</u>. "Introduction to Drugs of Abuse". Module course, taught for a total of 40 hours over five days. Division of Mental Health, Indian Health Service, Rapid City, South Dakota.
- 1984 <u>Workshop Leader</u>. "Adolescent Drug and Alcohol Abuse". Substance Abuse Intervention Program, Marty Indian School, Marty, South Dakota.
- 1984 <u>Workshop Co-Leader</u>. "Conflict Resolution", St. Lukes Regional Medical Center, Sioux City, Iowa.
- 1984 <u>Workshop Leader</u>. "Counseling Adolescents with Problematic Drug and Alcohol Usage". Substance Abuse Intervention Program, Marty Indian School, Marty, South Dakota.
- 1984 <u>Workshop Leader</u>. "Abusive Dating Relationships and Courtship Violence".

  Dormitory Resident Assistants, University of South Dakota, Vermillion, South Dakota.
- 1984 <u>Workshop Co-Leader</u>. "Domestic Violence in the Medical Setting". Dakota Hospital, Vermillion, South Dakota.
- 1984 <u>Keynote Address</u>. "Pornography and Violence Against Women". "Take Back The Night", Sponsored by the Southeast South Dakota Chapter of the National Organization for Women and the Vermillion Coalition Against Domestic Violence, Vermillion, South Dakota.
- 1984 <u>Guest Speaker</u>. "Dimensions of the Male Sex Role". Kiwanis Club, Yankton, South Dakota.
- 1984 <u>Workshop Leader</u>. "Non-Violent Crisis Intervention". South Dakota Human Services Center, Yankton, South Dakota.
- 1984 <u>Guest Speaker</u>. "Working Women and Stress". Newcomer's Club, Yankton, South Dakota.

- 1984 <u>Guest Speaker</u>. "Family Violence". Lewis and Clark Health and Education Services, Santi Sioux Tribe, Santi, Nebraska.
- 1984 <u>Instructor</u>. "Assertion Training for Health Professionals in a Psychiatric Setting". Total Course time 8 hours over four sessions. South Dakota Human Services Center. Yankton, South Dakota.
- 1984 <u>Guest Speaker</u>. "Domestic Violence". Law Spouses, School of Law, University Of South Dakota, Vermillion, South Dakota.
- 1984 <u>Workshop Leader</u>. "Crisis Management: Verbal Crisis Intervention Skills". Southeast South Dakota Activities Center, Vermillion, South Dakota.
- 1984 <u>Guest Speaker</u>. "Prevention of Child Sexual Abuse". Life Underwriters, Yankton, South Dakota.
- 1984 <u>Guest Speaker</u>. "Acquaintance Rape and Courtship Violence". Noon Forum, University of South Dakota, Vermillion, South Dakota.
- 1985 <u>Workshop Leader</u>. "Teaching Communication Skills to Developmentally Disabled Adults". Total Course time 18 hours over six sessions. Southeast South Dakota Activities Center, Vermillion, South Dakota.
- 1985 <u>Workshop Leader</u>. "Women and Self-Esteem". Nurses and Health Care Providers, Lewis and Clark Rural Area Health Education Center, Yankton, South Dakota.
- 1985 <u>Keynote Address</u>. "The Effect of Pornography on Crimes of Violence Against Women in American Culture". Sponsored by the Southeast South Dakota Chapter of the National Organization for Women, Vermillion, South Dakota.
- 1985 <u>Guest Speaker</u>. "Spouse Violence: Assessment and Treatment Issues". Hospital-wide Colloquia, Atascadero State Hospital, Atascadero, California.
- 1986 <u>Workshop Leader</u>. "Acquaintance Rape: Myth, the Facts, and Prevention Strategies". Conducted twice for Rape Crisis Volunteer Training, Victim Assistance Program, Rape Crisis Unit, San Luis Obispo, California.
- 1986 <u>Workshop Leader</u>. "The Psychology of the Sex Offender: Rapists and Pedophiles". Conducted twice for Rape Crisis Volunteer Training, Victim Assistance Program, Rape Crisis Unit, San Luis Obispo, California.
- 1986 <u>Workshop Leader</u>. "DSM III Diagnosis and The Battered Woman". San Luis Obispo Women's Shelter Program, San Luis Obispo, California.

- 1987 <u>Guest Speaker</u>. "Assessment of the Victim of Domestic Violence in the Medical Setting". Family Practice Residency Program, Swedish Hospital Medical Center, Seattle, Washington.
- 1988- <u>Guest Speaker</u>. "Rape Trauma Syndrome". Council on Sexual Assault and
   1991 Domestic Violence, Sioux City, Iowa. Conduct several times yearly for Rape Crisis Volunteer Training.
- 1989 <u>Workshop Co-Leader</u>. "Domestic Violence". Family Services Center, Sioux City, Iowa.